

# Rotherham MAST

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Providing empathetic training for professionals working with children and young people.

## Whole School Approach To Mental Health

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Date: 25 November 2015

Venue: TBA

Time: 9:00am – 1:00pm

Cost: £95 per participant, including refreshments and lunch.

# Whole School Approach to Mental Health

Within a context of stretched public resources and raised thresholds, schools are increasingly at the forefront of early intervention and preventative services; this is especially true for mental health. With 1 in 10 children aged 5-16 years reportedly having a clinically diagnosed mental disorder, the case for providing accessible mental health interventions has never been stronger.

However, when considering the role of today's schools as the hub of their community, the implications for mental health go wider than just students themselves.

Rotherham MAST is a strand of the Maltby Learning Trust which has developed a whole school approach to mental health. The service works with schools to develop appropriate mental health interventions for its learning communities which addresses the needs of students, their families and staff in schools.

During this half day workshop, Rotherham MAST will consider the prevalence and impact of poor mental health in relation to school communities, share good practice and consider how schools might resource a sustainable service model themselves.



# The Trainers

The workshop will be delivered by Dave Sutton and Sara Graham.

Dave joined Maltby in 2007 and quickly established himself as an advocate for the children and young people across the learning community. He successfully led the planning and consultation for the first Academy in Rotherham and was instrumental in establishing the Maltby Learning Trust. Under his leadership the Academy secured a 'Good' judgement for overall effectiveness and 'Outstanding' for leadership and management in the 2012 OFSTED inspection. The school has seen a significant increase in attainment and progress with the 5A\*-C (including English and Mathematics) headline moving from 29% in 2007 to 71% in 2013. Following the improvement journey at Maltby Academy the school was accredited as a National Support School and Dave was awarded National Leader of Education status.

Sara is an experienced counsellor who has worked with children in both primary and secondary school settings for over 12 years. She has also worked as a GP Practice Counsellor.

Sara has extensive experience of service development including mental health services for children and families, and training for professionals. She is employed by the Maltby Learning Trust and has led on the implementation of Rotherham MAST, as well as developing the whole school community approach which is the focus of today's workshop.



# Our Mission

Rotherham MAST aims to ensure that health and well-being, whether physical, mental or social, will not be a barrier to children and young people having aspirations, realising their potential, achieving academically and leading fulfilling lives.



# Booking Form

Name:

Organisation:

Address:

Telephone:

E-mail:

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## Special Requirements

Do you have any particular requirements which we need to take into account when you attend this workshop?

Yes

No

Please specify:

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If paying by cheque, please enclose a cheque for £95 made payable to Maltby Learning Trust.

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Return slip with cheque to:

Rotherham MAST  
Maltby Academy, Braithwell Road,  
Maltby, Rotherham, S66 8AB

# Rotherham



Multi Agency Support Team

**Sara Graham**

Rotherham MAST Strategic Leader

Maltby Learning Trust  
Braithwell Road  
Maltby  
Rotherham  
S66 8AB

Tel: 01709 812864 ext. 265  
Mobile: 07718 325801  
E-mail: [sgraham@maltbyacademy.org](mailto:sgraham@maltbyacademy.org)

Cost: £95 per participant, including refreshments and lunch. Cancellations with less than 2 weeks' notice or non-attendance will incur the full fee, unless a request is made to transfer to a different workshop or date, in which case 50% of the fee will be payable. Full payment is required 2 weeks before the course date. Rotherham MAST reserves the right to cancel a workshop if a minimum of 4 participants have not confirmed 2 weeks prior to the workshop date. Where a workshop is cancelled at short notice, a free transfer to an alternative date/workshop will be offered along with a 10% discount. E & O E.